

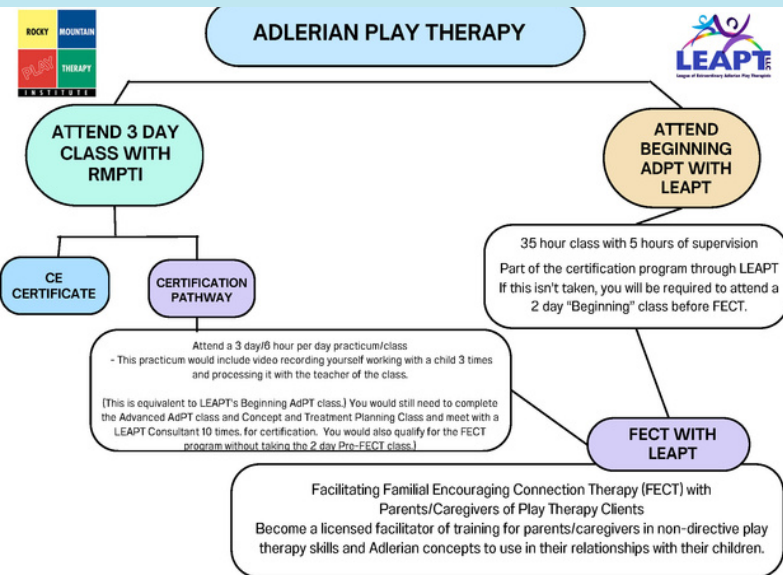
# Dr. Terry Kottman ADLERIAN PLAY THERAPY WORKSHOP

With Rocky Mountain Play Therapy Institute



## Can I use this towards an Adlerian Play Therapy Certification?

The short answer is yes. See the table below for the steps needed to certify in Adlerian Play Therapy



Day 1: Overview of Adlerian Play Therapy—Theory and Practice

Day 2: Assessment, Conceptualization, and Treatment Planning in Adlerian Play Therapy

Day 3: Adlerian Play Therapy Interventions

## Learning Objectives

- 1) Describe four considerations in Adlerian Play Therapy theory.
- 2) List the stages of Adlerian Play Therapy
- 3) Create an Adlerian Play Therapy treatment plan
- 4) Demonstrate an Adlerian Play Therapy Approach to case Conceptualization
- 5) List three Adlerian Play Therapy Interventions
- 6) Describe how to choose appropriate Adlerian Play Therapy Interventions for a child/family

**When: November 14-16, 2024**

**Time: 9:00am - 4:30pm MST**

**(21 Contact Hours)**

**Where: Canmore Opera House  
(Canmore AB)**

**Cost: \$1350.00 CAD + GST**

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# COME TO THE MOUNTAINS AND PLAY WITH TERRY!

## Intensive 3-Day Adlerian Play Therapy Training

### What is Adlerian Play Therapy?

In Adlerian play therapy, therapists use the concepts of Alfred Adler's Individual Psychology to conceptualize children and their parents and teachers, while using toys, art, and metacommunication to connect with them. The process of co-creating a relationship with the child allows therapists to communicate (mostly through metaphor, but sometimes through direct verbal interaction) in a way that facilitates exploration of the child's patterns of thinking, feeling, and behaving.

### Learn Adlerian Principles through Experiential Play

In this fun, experiential workshop, you will learn skills and techniques for establishing relationships with clients, exploring clients; life-styles, helping clients gain insight into their lifestyles, and reorienting and reeducating clients. Terry Kottman, the "inventor" of Adlerian play therapy, will help you deepen your understanding of Adlerian conceptualization of children and the significant adults in their lives and support you learning how to develop treatment plans based on that conceptualization. Through lecture, demonstration, and group discussion we will look at goals of misbehavior, Crucial Cs, personality priorities, temperament, attachment, culture, life tasks, lifestyle convictions, mistaken beliefs, and private logic—both as tools for understanding play therapy clients and as foundations for play therapy treatment planning and intervention. We will explore structured play therapy activities; art techniques; adventure therapy experiences; metaphor design and storytelling; and dance, movement, and music activities for working with child clients and the important adults in their lives.

### Cancellation Policy:

- A full refund less 10% is available 45 days prior to a course, conference or workshop. No refunds are available less than 45 days before. RMPTI reserves the right to cancel a course, conference or workshop at any time due to unforeseen circumstances. In such an event, an attempt will be made to notify registrants via e-mail. The full registration fee will be returned.

**APT, CAPT, and BCPTA Continuing Education Credits will only be awarded to Mental Health Professionals. All Credits must be approved by the appropriate governing body, and can not be guaranteed by RMPTI.**