

## Reverse Dye – Bleach Technique – Part I



### Reverse/Bleach Dye

#### *A Trendy Look & A New Approach to Tye Dye!*

*This activity is a simple way to engage children/adults in creative design and experimentation! There are numerous online resources which show different methods of bleaching designs onto cotton clothing using tie-dye folds or placing flat shapes on the fabric.*

### You Will Need:

- Plastic Tub
- Elastics
- Plastic Gloves
- Bleach / Spray Bottle  
(remember – not just for disinfecting!)
- Old Towel & Paper Towel (for messes)
- Leaves/stickers or flat graphic/geometric shapes
- Black/Dark Cotton Fabric:
  - Clothing [i.e., t-shirt, pants, hoodie, socks]
  - Dishtowels/napkins/pillowcases

*Why buy something new when you can source something in-home and give an old, unused/unworn item a new life?*

All items pictured here were “found” at home!

**Tips:** Use a flattened plastic bag between the layers to reduce/eliminate bleach-through; apply bleach in light sprays; add bleach slowly every 5-10 minutes to achieve effect instead of saturating the fabric.

**Leave As Reverse-Dye or Add Colour in Part II!**







## Reverse Dye/Bleach Activity Part II

*Re-Apply Dye to Make Your Creation Come Alive!*

*Once you've thoroughly rinsed/soaked your bleached item, it's ready for new colour and an old cleaning shirt gets a SERIOUSLY FUN makeover!!!*

Before getting started, it's important to properly manage expectations by explaining that this process is FULL of "happy accidents" – these projects require a balance of planning and experimentation with the understanding that no two finished products are the same, and each are unique – just like each individual person!



### You Will Need:

- Plastic Tub
- Elastics
- Plastic Gloves
- Fabric Dye (Liquid Bottles) *kits available at Michael's/Indigo/Chapter's/Walmart*
- Old Towel & Paper Towel (for messes)
- Your Previously Reverse-Dyed Cotton Fabric/Item (thoroughly soaked/rinsed)
- Any other light/white cotton items you've decided to transform with an exciting new vision!
- Tip: Set your dye for at least 24 hours before washing to make the fabric more colour-fast.

