

**You're Invited to the Sixth Annual
International Play Therapy Study Group
TYE DYE 2021**



**Join us at a beautiful new venue this October -
*The Canmore Nordic Centre!***

WE'RE GETTING BACK TO NATURE!

This year's Study Group will focus on rejuvenation! It's a time for your long weekend of self-care, meaningful learning, shared experiences. You are welcome to attend one or both offerings this October.

1 - One Day Workshop - October 21 (Thursday)
[Exploring Diversity in Play Therapy](#)

at the Canmore Nordic Centre or join online

Cost: \$225 CAD (plus GST – Canadian students)

2 - Three Day Retreat - October 22 – 24 (Fri to Sun)
**[Sixth Annual Tye Dye Play Therapy
International Study Group](#)**

at the Canmore Nordic Centre or join online.

Cost: \$695 CAD (plus GST – Canadian students)

Can't attend the Study Group in person?

Our Discounted LiveStream (Zoom attendance) rate is
\$495 CAD (plus GST – Canadian Students) for Tye Dye

***Live/In Person Attendees receive \$100 off
when registering for BOTH events!***





One Day Workshop: Exploring Diversity in Play Therapy at the Canmore Nordic Centre or join online



Play Therapy and the Indigenous Child

Georgina Henderson, Registered Provisional Psychologist

Play therapy is a psychotherapeutic approach primarily used to help the Indigenous child explore his/her life and freely express repressed thoughts and emotions through play in a culturally safe, respectful, and welcoming setting that honors the uniqueness of the child.

Come and learn of the history of Indigenous people in Canada and the present-day impact and how to mindfully navigate counselling from a holistic perspective while honoring the sacred grandfather teachings and building an understanding of concepts, terms and knowledge to support the advancement of Truth and Reconciliation in a play therapy setting.

The Medicine Wheel teachings will be explored, and participants will have the opportunity to craft a piece that speaks to their heart and resonates with their being.

Africa in Wonderland; Play Therapy with 'Black' Children in Canada

Mercy Yeboah-Ampadu, PhD, RSW

In in this session you will learn about working with communities of colour through playful connection to African traditions, culture, language and art.

This playful session will explore cultural considerations when practicing play therapy with children within Canada's 'Black' communities.

Learn how to connect not just with children through play but with their families too.



Beyond the Rainbow: Increasing Gender Sensitivity in Play Therapy

Abigail Ellazar, MS Psych.

Beyond the Rainbow is a presentation aiming to increase therapist's gender sensitivity in Play Therapy. In this presentation we identify the most common gender identities as of 2021 and how therapists could be more sensitive to these identities.

Creating a safe space for clients is highlighted in this talk as we highlight gender identity in the playroom including what symbols to look for, toys one should have present, activities that can be done, and verbiage to be used.

Beyond the Rainbow aims to arm therapists with the tools needed to face diversity in Play Therapy. We explore, acknowledge, and break through our own biases as therapists to fully immerse ourselves in the therapeutic relationship.





Sixth Annual Tye Dye Play Therapy Study Group

at the Canmore Nordic Centre or join online.

We're excited to announce the discovery of a beautiful **NEW** location in the town of Canmore! This year's location has changed and is better than ever!

This year, we'll inhabit the beautiful training room at the **CANMORE NORDIC CENTRE** and will have everything you'll need for this amazing experience. Those attending live will receive a morning meal and afternoon snacks, plus have all classroom materials paid for!

Come prepared to explore your cultural self through peer-led experiential learning. There will be four peer leaders who will guide your discovery of cultural play and expressive activities which can be applied to play sessions as well as enhance your own growth and development.

During the afternoon we will gather to discuss important play therapy questions so that we may continue to contribute to the play therapy literature. Don't miss the opportunity to publish your thoughts!



This year's Study Group will focus on rejuvenation, and the practice of

SHINRIN-YOKU

(Translation: Forest/Nature Bathing)

We come from the earth, so immersing ourselves in nature is the best way to heal and ground our energies! Japanese studies have shown this form of meditation to improve sleep quality, ability to focus, and stress levels, especially related to tech burnout!.

Also, we EXPECT to catch you staring out the window during class -- the mountain views are incredible! You're encouraged to get out and enjoy the local nature trails during your breaks!



Recommended Accommodations

...and What's Included in the Price of Admission



WorldMark Canmore by Club Wyndham

91 Three Sisters Drive, Canmore, AB
(Five Minutes Drive to Nordic Centre)

Resort Overview:

It's the ultimate outdoor immersion.

Look high and see the Three Sisters — triplet Rocky Mountain peaks. Breathe deep and inhale the pure alpine air of the Canadian Rockies. As you take in all that beauty, you feel your stress dissolve. Then get moving — driving, hiking, horseback riding, or Nordic walking. Everyone from youngest to oldest can learn this trendy exercise, which is like cross-country skiing without the skis. But with plenty of laughs.

Room Rates:

Studio - \$129 USD (\$162 CAD) plus tax per night
King/Queen Bed, Queen sleeper couch, Mini kitchen, 2-4 person occupancy

One Bedroom - \$139 USD (175 CAD) per night
King Bed in bedroom; Queen sleeper couch in Living Room
Kitchenette, some with balcony/fireplace, 4 person occupancy



Enjoy off-season rates and a truly spa-like experience!

The WorldMark is a luxury resort-like hotel which also has an outdoor pool and hot tub, heated year-round!

Pool hours are from 8:00 am to 10:00 pm so you'll have a chance to soak up the day's events in a relaxing location each evening before retiring to your private room for a peaceful night's sleep.

What's Included in The Cost for Live Attendance:

Morning Meals & Light Lunches, Refreshments / All Training Materials and Supplies /
Access to Nordic Centre Trails / Wine & Cheese Reception on Friday Evening

What's Not Included:

Accommodation, Transportation, Rental Equipment, Dinner